

	<p>1 National Biscuit Month Twister Trivia Music with Cindy</p> <p>Sausage Biscuit, Egg, Strawberries</p>	<p>2 National Mushroom Month Card Sharks Bingo</p> <p>Fish, Peas/Mushrooms, Herb Potatoes</p>	<p>3 National Rice Month Rice and Beans Sort Penny Ante</p> <p>Sweet/Sour Pork, Rice, Asian Vegetables</p>	<p>4 National Honey Month + National Chicken Month Bee Craft Bees - Living for the Queen</p> <p>Honey Chicken Sandwich, Onion Rings</p>
<p>7 - Closed</p> 	<p>8 Labor Day Jingo National Ice Cream Sandwich Month Chicken Soup for the Soul Stories</p> <p>Ham Sandwich, Soup, Peaches</p>	<p>9 National Teddy Bear Day Teddy Bear Craft Scattergories</p> <p>Sausage/Pepper Sand, Swt Potato Fries</p>	<p>10 <i>Happy Birthday Cindy</i> Butterfly Craft Connect Four</p> <p>Apricot Kielbasa, Cabbage, Potatoes</p>	<p>11 <i>Patriot Day</i> - Wear Red, White, & Blue Knuckles Down Little House on the Prairie Debut 1947</p> <p>Fish Sticks, Baked Beans, Cole Slaw</p>
<p>14 Music with Kristen Grandparent Reminiscing</p> <p>Pinto Beans, Okra, Cornbread Salad</p>	<p>15 National Linguine Day Wishing Well with 'Wine' & Cheese Spelling Bee</p> <p>Linguine w/ Meat Sauce, Salad, Bread</p>	<p>16 World Play-Doh Day Let's Face It Play-Doh National Cinnamon Raisin Bread Day Family Feud</p> <p>Beef Stew with Vegetables, Roll</p>	<p>17 Target Practice Nuts/Bolts or Flip My Lid</p> <p>Greek Chicken, Spinach Salad, Roll</p>	<p>18 National Cheeseburger Day Air Force Anniversary Day (1947) Flying Through Time</p> <p>Cheeseburger, French Fries, Apples</p>
<p>21 <i>Word Alzheimer's Day</i> Last Day of Summer Moon Sand Music with Kristen</p> <p>Summer Salad Selection</p>	<p>22 <i>Happy Birthday Dave</i> First Day of Fall Acorn Roll & Cover National Ice Cream Cone Day Ice Cream Cone Games</p> <p>Chili and Hush Puppies</p>	<p>23 National Great American Pot Pie Day Letter Apple Tree Bingo</p> <p>Chicken Pot Pie w/ Vegetables, Biscuit</p>	<p>24 National Farm Animal Awareness Wk Farm Race On the Farm Trivia</p> <p>Sloppy Joe, Squash, Peaches</p>	<p>25 Magazine Mosaic Leaves Catch Phrase</p> <p>Cabbage/Sausage, Carrots, Cornbread</p>
<p>28 Zoo Animals Music with Kristen</p> <p>PB Sandwich, Vegetable Soup</p>	<p>29 International Coffee Day Fall Football Frenzy</p> <p>White Beans, Sweet Potatoes, Spinach</p>	<p>30 Fall Leaf Stained 'Glass' Bingo</p> <p>Cheese Quesadilla, Black Beans, Rice</p>	<p><i>Menus and activities are subject to change. Toasted cheese or peanut butter on wheat are substitute options when planned meal is not desired. Milk is available upon request.</i></p>	<p>PLEASE CALL if not attending or have to arrive after 10:00 a.m. 665-1575</p>

National Adult Day Services Week

September 20-26, 2020

Adult day care centers provide supervised community settings in which partially disabled men and women of all ages can obtain care that may not be available in their own homes. These centers provide opportunities for adults who are socially isolated to find friends and learn skills. Day care centers enable individuals to obtain the care they need without being forced to live in institutions, and they offer needed respite to families whose infirmed relatives live with them. *-From Proclamation 5107, Ronald Reagan on September 27, 1983*

Historical Highlights

1940s Adult day services begin in psychiatric hospitals primarily to assist patients following release from mental institutions.

1950s Dr. Lionel Cosin's geriatric day hospital programs in England inspire interest in U.S.

1960s Adult Day Services concept shifts from a single psychiatric focus to other health maintenance; centers begin operation in states across the country. Dr. Cosin transplanted his model to Cherry State Hospital in Goldsboro, NC in late 1960's

1970s HCFA publishes a directory of nearly 300 adult day services centers. The National Institute on Adult Day Care (NIAD) is formally organized.

1980s 1st edition of national voluntary Standards for Adult Day Care. Robert Wood Johnson Foundation launches the Dementia Care and Respite Services Program to demonstrate the benefits of adult day care.

1990s National standards and guidelines are updated and published, training materials for adult day staff, including a certification program are developed. National adult day service program accreditation standards are developed and implemented.

2000s Partners in Caregiving conducts a nationwide survey and reports 3,400 existing adult day programs, with a need for 5,400 additional centers. Congress authorizes a 5-year Medicare demonstration project to provide adult day services as a substitute for home health care services. US Department of Health and Human Services funds a study to identify the role of adult day in long term care, and provide a basis for future research.

2004 DayStay Adult Day Services opened.

Modified Daily Schedule

- 9:00 - 10:00 Coffee Hour
- 10:00 - 11:00 News & Trivia
- 11:00 - 12:00 Exercise & Games
- 12:00 - 12:45 Lunch
- 12:45 - 1:30 Relax & Recline
- 1:30 - 2:15 Group Activity
- 2:15 - 2:30 Snack
- 2:30 - 3:15 Group Activity
- 3:15 - 4:00 Fellowship & Sips

September
2020

Wish List Top 3

- Crockpot Liners
- Disinfecting Wipes
- Decaf Tea

• • REMINDER • •

By bringing participants, caregivers attest to the following infection control statement. Knowingly violating this will result in a report to Adult Protective Services.

- At no point in the past 2 weeks has the participant had any symptoms of Covid-19
 - Fever
 - Cough
 - Shortness of breath/difficulty breathing
 - Chills
 - Muscle pain
 - Headache
 - Loss of smell/taste
 - Sore throat
- No person residing with the participant or no person who has had direct contact with the participant
 - has been diagnosed with Covid-19
 - has exhibited any of the above named symptoms
 - has traveled to an area experiencing a spike in cases
 - ♦ DayStay reserves the right to require up to 14 days self isolation when anyone in the household travels