Please call 665-1575 if you will be absent or	September	I Craft - Hot Air Balloon Collage Penny Ante	2 World Coconut Day Coconut Bowling Twister Trivia	3 Labor Day / Occupation Jingo September Sitcom
will arrive after 10:00 a.m.	W.A.	Chicken Alfredo, Peas, Garlic Bread	Pork BBQ, Coconut Fluff, Asparagus	Chicken Salad, Veg Salad, Fruit Salad
WE WILL BE CLOSED	7 50's Television Reminiscing Hi Ho Cherry-O	8 Bingo Patsy Cline's Birthday - Video Country: Portraits of an American Sound	9 Animal Dot Paining Birthday of the Hot Dog 52 Card Pick-up	10 Happy Birthday Cindy Friday Football Frenzy September Sitcom
LABOR DAY	Fish Sandwich, Carrots, Potatoes	Pork Sandwich, Potato Soup, Peaches	Hot Dog, French Fries, Slaw	Turkey/Gravy, Potatoes, Green Beans
I3 Uncle Sam Day/USA Geo Jingo National Peanut Day Monday Music	14 Chicago Dice Game National Eat a Hoagie Day Walton's TV Anniversary (1972)	15 Craft - Jesus Loves Me Banner High Lo Card Game	Vorld Play-doh Day Nat'l Cinn. Raisin Bread Day (snack) Marshmallow Wars	Nat'l Table Shuffleboard Day September Sitcom
PB&J, Veg. Soup, Cheese Crackers	Deli Hoagie, Broccoli Soup, Chips	Ham, Red Cabbage, Okra, Roll	Chicken Pasta, Salad, Breadstick	Quesadilla, Black Beans, Applesauce
20 Stained Glass Art National Pepperoni Pizza Day National String Cheese Day (snack) Monday Music	21 Last Day of Summer What's in the Bag National Pecan Cookie Day (snack) Poolside Summer Farewell	22 First Day of Autumn Bingo National Ice Cream Cone Day (snack) Ice Scream	23 Super Hero Challenge State Facts	24 Acorn Roll & Cover September Sitcom
Pepperoni Pizza, Cucumbers, Pineapple	Pork & Peppers, Rice, Green Beans	Brunswick Stew and Cornbread	Fish Salad, Onion Rings, Veg Blend	Chicken/Biscuits, Asparagus, Carrots
27 On the Farm Jingo National Chocolate Milk Day (snack) Monday Music	28 Nat'l Good Neighbor Day - CES Cards Nat'l Drink Beer Day - Floats (snack) Dart Board	29 Craft - Fall Puzzle Tree Nat'l Coffee Day - Ice Cream (snack) Knuckles Down	30 Farm Race Nat'l Mulled Cider Day (snack) Magazine Scavenger Hunt	Menus and activities are subject to change. Toasted cheese or peanut butter on wheat are substitute options when planned meal is not desired.
Chicken Salad, Soup, Jello Cup	White Beans, Sweet Potatoes, Spinach	Sloppy Joes, Tater Tots, Slaw	Greek Salad with Chicken, Roll	Milk is available upon request.

National Adult Day Services Week - September 19- 25, 2021

Adult day care centers provide supervised community settings in which partially disabled men and women of all ages can obtain care that may not be available in their own homes. These centers provide opportunities for adults who are socially isolated to find friends and learn skills. Day care centers enable individuals to obtain the care they need without being forced to live in institutions, and they offer needed respite to families whose infirmed relatives live with them. -From Proclamation 5107, Ronald Reagan on September 27, 1983

Historical Highlights

- 1940s Adult day services begin in psychiatric hospitals primarily to assist patients following release from mental institutions.
- 1950s Dr. Lionel Cosin's geriatric day hospital programs in England inspire interest in U.S.
- 1960s Adult Day Services concept shifts from a single psychiatric focus to other health maintenance; centers begin operation in states across the country. Dr. Cosin transplanted his model to Cherry State Hospital in Goldsboro, NC in late 1960's
- 1970s HCFA publishes a directory of nearly 300 adult day services centers. The National Institute on Adult Day Care (NIAD) is formally organized.
- 1980s 1st edition of national voluntary Standards for Adult Day Care. Robert Wood Johnson Foundation launches the Dementia Care and Respite Services Program to demonstrate the benefits of adult day care.
- 1990s National standards and guidelines are updated and published, training materials for adult day staff, including a certification program are developed. National adult day service program accreditation standards are developed and implemented.
- 2000s Partners in Caregiving conducts a nationwide survey and reports 3,400 existing adult day programs, with a need for 5,400 additional centers. Congress authorizes a 5-year Medicare demonstration project to provide adult day services as a substitute for home health care services. US Department of Health and Human Services funds a study to identify the role of adult day in long term care, and provide a basis for future research.
- 2004 DayStay Adult Day Services opened.

Daily Schedule

9:00 - 10:00 Coffee Hour

10:00 - 11:00 News & Trivia

11:00 - 12:00 Arts & Games

12:00 - 12:45 Lunch

12:45 - 1:30 Relax & Recline

1:30 - 2:15 Afternoon Exercise

2:15 - 2:30 Snack

2:30 - 3:15 Group Activity

3:15 - 4:00 Soak Up the Sunshine

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Welcome - Rena and Phyllis

Wish List

- Fall Plants for Courtyard
- Disinfecting Wipes
- Blue Scott Shop Towels
- Lysol Spray / Pine Sol
- Decaf Tea / Decaf Coffee
- Dinner Napkins
- Crockpot Liners
- Individual Snacks

Covid

If participant or anyone residing with participant has ANY symptom of Covid (no matter how mild), please do not attend and consider testing. All visitors must wear face cover when entering the building no matter their vaccination status.

Thank you for your cooperation.

DayStay HBC, Inc recently received our annual certification credentials and we are excited to begin our 18th year of service.

